

CERTIFICATE

OF PARTICIPATION

This is to certify that

Henk Appelo

Has successfully participated & completed the

32km Num-Num Trail Run 2018

held at Pongola Express, MP.

TIME 06:05:50

PACE 11:24/km

OVERALL 31 of 123

GENDER 28 of 92

OPEN 22 of 44

28 July 2018, Sat

Date



